

Apr
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What's The Best Supermarket Burrito?

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In honor of Cinco de Mayo I thought it would be fun to look at different burritos in the supermarket aisles and figure out which one had the best taste. You can find many of these burritos at your local market while others can only be found at specialty stores like Whole Foods. This is just our take on the burrito test so let me know what you think is the best burrito on the market.

Best Vegetarian: EVOL Veggie Fajita

- Calories 290
- Fat 3.5g
- Sodium 440mg



What we liked most about this burrito was that even though it was missing the meat it still had a lot of bold flavor from the vegetables. The peppers, rice, beans, and corn really made for a substantial burrito that left us feeling full and satisfied way into our next meal. This burrito is starting to show up on more store shelves as well so if you can find it, we suggest you go ahead and give it a try.

Best Chicken: EVOL Cilantro Lime Chicken

- Calories 320
- Fat 7g
- Sodium 450mg



This chicken burrito had a really great flavor combination with the cilantro and lime combination playing off of the chicken. As with other Evol burritos this too is made mostly of organic ingredients (70%) and is much healthier than other burritos on the market. If you are looking for a quick and easy lunch this could be a great option for you to try.

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