



BEST FOODS IN AMERICA

2ND ANNUAL AWARDS

Bean Burritos

Because sometimes, darn it, you just have to have a bean burrito. Here are some options that don't break the sodium or sat fat bank.

GRAND PRIZE WINNER / CedarLane Low-Fat Beans, Rice, and Cheese: Combine just the right blend of zesty spices with perfectly cooked beans, then wrap it in a soft, chewy flour tortilla, and you get a frozen burrito that rivals any fast-food competitors (with about half the sodium).

TASTE TEST AWARD / EVOL Veggie Fajita: Brown rice and black beans render it hearty and filling, while sautéed peppers and a sweet corn salsa add tons of flavor without relying on sat fat-heavy cheese.

THIS STAPLE STACKS FLAVOR IN YOUR FAVOR.

