

editors' pick

a healthy grab-and-go meal

IT'S NO SECRET THAT SCARFING down a candy bar for lunch is a bad idea. A tasty option that's just as convenient: Evol burritos. The tasty wraps—made with whole-wheat tortillas, organic beans, and free-range chicken—are now being sold in gas stations and convenience stores. Know you'll be stuck at your desk all day? Stock your office freezer with the handy microwavable meal-size and mini (under-190-calorie) varieties.



GADGET OF THE MONTH



A hot new way to cut energy costs: Spring for a Bodum Ibis electric kettle (\$50). It boils up to seven cups of water in just four minutes and automatically shuts off once the water starts bubbling. Plus, it's made from BPA-free plastic, so you don't have to worry about the chemical making its way into your French press coffee, tea, or ramen noodles. Find the device in four colors at [bodumusa.com](http://bodumusa.com).

Rich enough to share.

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